



Healing Tao

Medical and Spiritual Qigong Fundamentals 1 & 2

January 20- 22, 2017

Healing Tao Medical and Spiritual Qigong Fundamentals increases personal vitality, Chi flow, and sensitivity through gentle movement and guided meditation.

Location: **Sattvic Space**... 1308 Airline Blvd., Portsmouth, Va. 23707

Hours: Fri., Jan.20, 7 PM- 9PM
Sat. & Sun. Jan. 21 & 22, 9:00 AM-6PM

Contact Sam Dwyer @ (757) 277-5565 /email: s50ma15@yahoo.com

*Healing Tao Qigong is a strong Self-Care modality for Energy Practitioners, & Novices alike. It aids self healing for those who practice, helps raise your vibration, and increases **Longevity**. The basic premise behind Qigong is that our bodies are filled with channels through which energy or "Chi" flows. The less obstructed the chi flow, the greater the opportunity for health, vitality, increased personal vibration, and awareness. Personal Qigong Practice will improve and increase your energy flow using your movement, intention & meditation.*

JOIN US at this workshop & begin enhancing your energy & your Life!

Healing Tao was founded by Master Mantak Chia. Medical and Spiritual Qigong Fundamentals 1 & 2 is the Basis and Prerequisite class for other subsequent classes offered through the Healing Tao. It includes "**Opening the Microcosmic Orbit**" and other practices.

Instructor: Sam Dwyer, HTFI, CNHP, HTCP

Sam is a Certified Full Instructor with Healing Tao Instructors Association of the Americas, a Certified Natural Health Professional, and a Healing Touch Certified Practitioner.

Registration: Healing Tao Medical & Spiritual Qigong Fundamentals 1 & 2

Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Home Phone : _____ **Work/Cell:** _____

Email: _____

Regular Tuition- \$156.... Repeating Students \$93....

Register by 1/3/17 & receive Guided Meditations on CD from the class! (A \$30 value). \$50 advance Deposit required.

Please make checks payable to: Sam Dwyer 4938 Shafer St., Norfolk, Va. 23513